

## Shakotan



Hokkaido Governor Certified Adventure Travel Guide

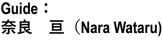
Guide(Mountains (summer mountains), mountains (winter mountains), backcountry skiing) Japan Mountain Guide Association certified mountain guide

Mountain Guide Stage I/Ski Guide Stage II

UIMLA/JMGA certified

Possession of fireworks consumption notebook for animal extermination (qualification for roaring ball handling personnel)

International Mountain Leader (IML) · Hokkaido Mountain Guide Association Auditor General travel business manager (domestic/overseas)



Born in Sapporo. While he was in college, he solo-climbed Aconcagua, South America's highest peak, at 6,969 meters. After joining Nomad Co., Ltd., he has climbed mountains all over the world, including Kilimanjaro, the highest peak in Africa, and has also gone on expeditions to unexplored regions. In 2011, he joined the 53rd Antarctic wintering expedition as a guide. After returning to Japan, in 2014 he opened SappoLodge, a guest house and dining bar in Sapporo. Certified as a Hokkaido adventure travel guide for mountains (summer mountains), mountains (winter mountains), and backcountry skiing. As a mountain guide, he holds tours for tourists to experience nature on the Shakotan Peninsula. Qualifications



### Day trip SUP & Night hiking at Cape Kamui Lighthouse 1 day tour



♦Available dates: End of August to end of September

♦TOUR FARE: 66,000 JPY~

**♦TOUR HIGHLIGHT:** 

- You will experience SUP in the crystal-clear Shakotan Blue sea.
- Exclusive After-Hours Trekking at Kamui Cape Lighthouse with a Governor-Certified Local AT Guide
- ♦TOUR INCLUDES: One lunch, dedicated vehicle usage, guide fee, and consumption tax.

[SUP] SUP board, Paddle, life jacket, sandals, waterproof bag, goggles and snorkel

[Night hiking] Headlamp

**♦**Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/shakotann\_1.html

#### 2 Day

### 2 day tours around the Shakotan showed by a special AT guide



♦Available dates: End of August to end of September

♦TOUR FARE: 110,000 JPY~

**♦TOUR HIGHLIGHT:** 

- You will experience SUP and sea kayaking in the transparent Shakotan Blue sea
- Enjoy lunch by a fire pit on an uninhabited coastline that is inaccessible from land.
- ♦TOUR INCLUDES: Accommodation cost for one night (including one dinner and one breakfast), one

lunch, dedicated vehicle usage, guide fee, and consumption tax.

[SUP] SUP board, Paddle, life jacket, sandals, waterproof bag, goggles and snorkel [Night hiking] Headlamp [E-Bike Experience] Full E-MTB set (helmet, gloves)

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https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/shakotann\_2.html

#### 2 Day

### Sea Kayak & Night hiking at Cape Kamui Lighthouse 2-day tours



◆Available dates: End of August to end of September

**♦TOUR FARE:** 110,000 JPY~

**♦TOUR HIGHLIGHT:** 

- Delight in the sunset at Kamui Cape, where special permission has been granted for visiting
- Visit the only remaining lighthouse with the "First-Class Immovable Lens" in Japan.

◆TOUR INCLUDES: Accommodation cost for one night (including one dinner and one breakfast), one lunch, dedicated vehicle usage, guide fee, and consumption tax.

[Kayak] Comfortable clothing, Hiking shoes. Rain gear (top and bottom), Backpack, 500 ml of drink [Night hiking] Headlamp [E-Bike Experience] Full E-MTB set (helmet, gloves)

**♦**Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/shakotann\_3.html

#### 2 Day

### 2 day tours tracing the history of Shakotan Peninsula



♦Available dates: End of August to end of September

**♦TOUR FARE:** 140,000 JPY~

♦TOUR HIGHLIGHT:

- Experience the history of herring fishing at a herring culture preservation facility.
- Enjoy the sunset at Kamui Cape, where special permission has been granted for visiting.
- ◆TOUR INCLUDES: Accommodation cost for one night (including one dinner and one breakfast), one lunch, dedicated vehicle usage, guide fee, and consumption tax.

[Night hiking] Headlamp

[E-Bike Experience] Full E-MTB set (helmet, gloves)

♦Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/shakotann\_4.html

#### 2 Day

### 2 day Shakotan Blue Tour showed by a special AT guide



- ♦Available dates: End of August to end of September
- ♦TOUR FARE: 110,000 JPY~
- **♦TOUR HIGHLIGHT:**
- You will experience SUP and sea kayaking in the transparent Shakotan Blue sea.
- Enjoy lunch by a fire pit on an uninhabited coastline that is inaccessible from land.
- ♦TOUR INCLUDES: Accommodation cost for one night (including one dinner and one breakfast), one lunch, dedicated vehicle usage, guide fee, and consumption tax.

[Kayak] Comfortable clothing, Hiking shoes. Rain gear (top and bottom), Backpack, 500 ml of drink [SUP] SUP board, Paddle, life jacket, sandals, waterproof bag, goggles and snorkel

[Night hiking] Headlamp

♦Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/shakotann\_5.html



### Rishiri · Nukabira



### Guide: 石塚 裕也(Ishizuka Yuya)

Born in Muroran City, Hokkaido in 1978

In 1993, at the age of 15, he completed a solo trip around Hokkaido on a bicycle. He has been competing in cycling since 1994, participating in events such as the Inter-High School Championship and the National Athletic Meet. He went to Europe for two years in 1998, joined an Italian team, and participated in U23 category races around the world. He has won twice on the U23 World Tour.

In 2001, he joined Kinan Maruishi and competed in domestic professional races for seven years. After that, he founded Cycling Frontier Hokkaido in April 2009 and started working as a cycling guide. In 2014, the number of people accepted exceeded 1000 per year, and the company was incorporated as Cycling Frontier Co., Ltd.

In 2018, we accepted over 3,000 cyclists from all over the world, with over 70% being inbound tourists. In addition to his work as a guide, as a technical committee member of the Japan Cycling Guide Association, he is also focusing on giving lectures throughout the country in hopes of training cycling guides, popularizing cycle tourism, and developing bicycle culture.

#### Qualifications.

Hokkaido Governor Certified Adventure Travel Guide (Cycling)
JCGA Japan Cycling Guide Association Master Cycling Guide
JCGA Japan Cycling Guide Association Technical Committee Member
JCA Japan Cycling Association Cycling Guide Extension Officer
Cycle Tourism Hokkaido Promotion Liaison Committee Member

### **Our Tours**

### Day trip Taushubetsu & Fat Bike on the frozen Lake Nukabira Winter Tour



- ◆Available dates: January 5th to January 31st
- **♦TOUR FARE:** 218,400JPY∼
- ♦TOUR HIGHLIGHT:
- Unique winter activity: crossing frozen Nukabira Lake with snowshoes.
- Available only during the one-month period when the lake is frozen.
- Riding a fat bike on the frozen lake provides a distinct experience in Hokkaido.
- **♦TOUR INCLUDES:**

Snowshoeing gear, Fat bike rental

♦Details

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/nukadaira.html

### Day trip Cycling around Rishiri island including monster hill climbing



♦Available dates: End of August to October 31th

♦TOUR FARE: 222,000 JPY~

**♦TOUR HIGHLIGHT:** 

- Challenge steep slopes that are hard to navigate with ordinary rental bikes.
- High-performance e-bikes and a support vehicle ensure safety and security.
- Navigate narrow and steep downhill sections with a certified guide from Hokkaido.

**♦TOUR INCLUDES:** 

e-bike, helmet, Water dispenser, radio bicycle tools, emergency repair tools

♦Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/rishiri\_cycling\_1day.html

#### 2 Day

# SUP and Cycling around Rishiri island including monster hill climbing



◆Available dates: End of August to October 31th

**♦TOUR FARE:** 260,000 JPY∼

**♦TOUR HIGHLIGHT:** 

- Challenge steep slopes that are hard to navigate with ordinary rental bikes.
- High-performance e-bikes and a support vehicle ensure safety and security.
- Navigate narrow and steep downhill sections with a certified guide from Hokkaido.

**♦TOUR INCLUDES:** 

[SUP] life jacket, wetsuit, special shoes, photo and video fee

[Cycling] e-bike, helmet, Water dispenser, radio bicycle tools, emergency repair tools

♦Details:

https://www.knt.co.jp/ec/adventure hokkaido/guide tour/rishiri cycling 2day.html

#### 2 Day

### Experience salmon fishing and cycling on Rishiri Island in autumn!



♦Available dates: End of August to October 31th

**♦TOUR FARE:** 290,000 JPY~

**♦TOUR HIGHLIGHT:** 

- Enjoy salmon fishing in the waters around Rishiri Island, where large numbers of salmon migrate from September to October.
- Cycle amidst stunning scenery, taking in the beautiful sea and the majestic Rishiri Mountain.

♦TOUR INCLUDES: Accommodation Fee (1 night, 2 meals per person in a single room)

(Fishing) full set of fishing gear. life jacket

[Cycling] e-bike, helmet, Water dispenser, radio bicycle tools, emergency repair tools

♦Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/rishiri\_cycling\_3.html

#### 2 Day

### Onuma Canadian Canoeing + Rishiri Island Monster Hill Cycling Tour



- ♦Available dates: End of August to October 31th
- ♦TOUR FARE: 290,000 JPY~
- **♦TOUR HIGHLIGHT:**
- Paddle on Lake Onuma, one of Japan's top locations for swan and wild bird sightings.
- Enjoy a relaxing time immersed in pristine nature, listening to the soothing songs of native birds.
- Cycle amidst stunning scenery, taking in the beautiful sea and the majestic Rishiri Mountain.
- ♦TOUR INCLUDES: Accommodation Fee (1 night, 2 meals per person in a single room), Ferry Fare [Canadian canoeing] Equipment, Guide fee

[Cycling]e-bike, helmet, Water dispenser, radio bicycle tools, emergency repair tools

♦Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/rishiri\_cycling\_4.html

#### 2 Day

### Wakkanai Cycling + Rishiri Island Steep Hill Cycling Tour



- ♦Available dates: End of August to October 31th
- ♦TOUR FARE: 290,000 JPY~
- ♦TOUR HIGHLIGHT:

♦Details:

- Experience the Soya Hills' thrilling course at "Wakkanai, the Top of Japan."
- Visit the "Monument to the Northernmost Point of Japan" at Cape Soya and feel the top of Japan.
- Cycle amidst stunning scenery, taking in the beautiful sea and the majestic Rishiri Mountain.
- ♦TOUR INCLUDES: Accommodation Fee (1 night, 2 meals per person in a single room), Ferry Fare [Cycling]e-bike, helmet, Water dispenser, radio bicycle tools, emergency repair tools

https://www.knt.co.ip/ec/adventure hokkaido/guide tour/rishiri cycling 5.html



### Others

We have other travel products introduced by other special AT guides.

#### Day trip

### Ainu Cultural Experience in iwor Forest, Biratori Town, Hokkaido



- ◆Available dates: September 1st to November 30th
- ♦TOUR FARE: 79,000 JPY~
- ♦TOUR HIGHLIGHT:
- Visit Biratori Municipal Nibutani Ainu Culture Museum to learn about tools and materials used by the Ainu.
- Explore the forest with local Ainu guides to experience the Ainu culture that has been transformed across the past, present, and future.
- Learn about their initiative, "Managing Forests for the Next 300 Years to preserve and inherit the Ainu Culture."
- **♦TOUR INCLUDES:**

Private vehicle cost, Guide fee, Lunch cost, Admission fee, Experience fee, Rental boots fee

♦Details:

 $https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/biratori.html\\$ 

#### Day trip

### Experience Hiking Through Toya-Usu UNESCO Global Geopark with Special Permission



- ♦Available dates: January 5th to January 31st
- ♦TOUR FARE: 218,400JPY~
- ♦TOUR HIGHLIGHT:
- Hike the rare terrain (restricted area) of Mt. Usu that you can't usually enter.
- Walk around the edge of the crater of the 2000 eruption of Mt. Usu.
- Overlook Mt. Usu and Lake Toya from Kompira-yama Crater Observatory.
- ♦TOUR INCLUDES:

Experience fee, cost of dedicated vehicle, guide fee, helmet

**♦**Details:

https://www.knt.co.jp/ec/adventure\_hokkaido/guide\_tour/usuzan.html

#### **♦**Contact information



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